



ELECTRICAL SIGNAL THERAPY (EST)

NEW! EST successfully treats Osteoarthritis, Neuropathy, Gout, Circulation Issues, and Post Operative Pain.



NEW! at Next Step Foot & Ankle Clinic is the neo Gen-Series Electric Signal System, a state-of-the-art, technically innovative medical device for producing electric cell signaling energy waves (EST and ESI). The system is used to successfully treat circulatory issues, all types of acute and chronic pain, long-term (intractable) pain and drug-resistant pain (Chemotherapy induced Neuropathy). **A key difference with this treatment is the use of therapeutic local injections that contain vitamins and supplements.**

Electrical Signal Therapy is covered by insurance and treatments are subject to copays, co-insurances and deductibles. FSA and HSA funds may be used.

Call today to schedule your appointment with Dr. Silvester to see if Electrical Signal Therapy is the right choice for you.

Call 855.972.9512

Only Available at Next Step Foot & Ankle Clinic – Universal City

Darren J. Silvester, DPM
Next Step Foot & Ankle Clinic Podiatrist



Do you have crossed toes?

Hammertoes are an unnatural bending upward of the joints in the smaller toes, usually the 2nd and 3rd toe, causing the toe to resemble an upside down V.

Hammertoes generally get worse over time if left untreated.

Hammertoes can be treated with a simple procedure that requires little down time.

**TREAT YOUR
CROSSED TOES
TODAY!**

OSTEOARTHRITIS
Longest journeys begin with a single step

Next Step Foot & Ankle Clinic has many treatment options available if you have been told you have arthritis in your feet or ankles. Try Electrical Signal Therapy! Call us today!

Your Next Step For Healthy Feet: www.NextStepFoot.com

Happy Work Anniversary!



Congratulations to Mandy (4 Years) and Laurie (1 Year)! We appreciate all their hard work and laughs.



Happy St Patrick's Day!



At Next Step Foot & Ankle Clinic, we love kids. If your child's feet are tired or hurting, please make an appointment so we can see them right away.

♥ Shop For Your Feet ♥ Get Ready for Spring!

Vionic shoes are available at all Next Step Foot & Ankle Clinic locations



NSFAC In-Service Training on the New! Electrical Signal Therapy Machine!



The Personal Pumi Bar is back! Perfect for Feet. Get Yours Today for \$9! Available at Check Out

LIKE US ON



www.NextStepFoot.com