



Dr. Hoenig, Dr. Silvester, Dr. Bills

On September 4, 2018, we brought on board our third podiatrist, Dr. Michael Hoenig. With this addition, you will see the Pleasanton office open Tuesdays and Fridays in September. Starting in October, the Pleasanton location will be open 3 days per week. We are striving to make our patient experience better by reducing wait times once you arrive for your appointment and reducing the wait time for a new patient and follow up appointments. Our mission is to serve you with heart in a happy environment.

We are excited for the future.

Welcome



Welcome Aboard!
Michael Hoenig, DPM

We are excited to bring on board Michael Hoenig starting September 4, 2018.

For the next month, he will be mentored by Dr. Silvester, while learning Next Step Foot & Ankle Clinic policies and procedures.

Dr. Hoenig enjoys treating patients of all ages with all different kinds of foot conditions.



Tennis Shoe Health

Do you know when it's time to break down and get new kicks? Most tennis shoes last up to 500 miles, but they could be breaking down more quickly if you are not saving them for activity and sports-specific activities. Follow these tips to see if its time to go shoe shopping:

- Do a press test on the inside to see if there is still some spring in the support
- Examine the wear and tear. Take note of physical changes caused by excessive use
- Pay attention to the way they feel. If you have radiating pain from your feet interfering with physical activity, it's time to grab a new pair of shoes.

Your Next Step for Healthy Feet

www.NextStepFoot.com

13525 Centerbrook, Suite 104, Universal City, TX 78148 Phone: 210.375.3318 Fax: 210.257.6931

409 N. Bryant St. Pleasanton, Texas 78064 Phone: 830.569.3338 Fax 830.569.6833

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Neuropathy Pain Gone

When other non-operative treatments fail and direct pressure on the nerve is playing a role in nerve dysfunction, surgery may be the best option. Sometimes nerve disease is like sleeping on your elbow wrong. You wake up and your hand is numb or tingling. The nerve is just always being compressed. Nerve Decompression Surgery allows the surgeon to open the tight area through which the nerves pass by dividing the anatomical structure that encase the nerve.

Don't let pain win.

Schedule your Surgery with Next Step
Foot & Ankle Clinic today.



Thank you for all you do to support Next Step Foot & Ankle Clinic. The best gift you can give us is a referral. If you know someone with foot pain, please don't hesitate to send them to Next Step Foot & Ankle Clinic.

Children

Don't let their feet slow them down



Children's Feet

At Next Step Foot & Ankle Clinic, we love infants, children and teenagers. Common foot conditions in children include ingrown toenails, warts, flat feet, heel pain, toe walking and pigeon toes. If your child or teenager complains that their feet are slowing them down, bring them in to see us.

PATIENT PORTAL



Use our Patient Portal for:

- Non-Urgent Secure Electronic Communication
- Non-Urgent Prescription Refill Requests
- Clinic Visit Summary Requests
- Work / School Note Requests
- Upload Lab Results / New Patient Paperwork

To Login: Visit: www.NextStepFoot.com and click on Patient Portal
User Name: First Initial First Name, Full Last Name, Year of Birth
Initial Password: Please call the office for your initial password.
Call with any questions you have regarding the patient portal.