



Physician to Physician

Diabetes Awareness Month: Foot Complications

November 2015

Dear Physician,

As you know, this month is National Diabetes Awareness Month. I personally directed the Diabetic Foot Care Program at Sisseton Indian Health Services in South Dakota for five years. We focused on aggressive patient education, regular foot screenings, limb salvage intervention, surgical and medical management of infections and ulcerations. This focus still holds at Next Step Foot and Ankle Clinic.

People with Diabetes can develop many serious foot problems. Even ordinary ones can lead to serious complications that could deteriorate into life-threatening infections or limb amputations. At Next Step Foot and Ankle Clinic, we specialize in many foot and ankle problems related to Diabetes. We use the latest technologies in our office to provide solutions to challenging conditions related to diabetes. Don't hesitate to send any type of Diabetes-related foot or ankle issue to us!

If you believe your patient has any of the following, we can help!

- Charcot Foot
- Amputation Prevention
- Peripheral Arterial Disease (PAD)
- Diabetic Peripheral Neuropathy
- Diabetic Foot Ulcers
- Foot Infections

What makes us different?

- Neuropathy Relief Center
- Innovative Neuropathy Treatments
- Nerve Testing
- Nutritional Supplements
- Diabetic Shoe Program
- In-office X-Rays
- Circulation Testing
- Orthotics
- In-Office Surgery

Advice:

Early detection is **key**. If you have a diabetic patient with any foot conditions, please refer them to us immediately. By addressing any underlying causes of any diabetic foot issue, there is hope for healing wounds that might otherwise lead to amputation. **Call (830) 569-3338.**

Yours in Good Health,
Darren Silvester, DPM

